

the ONE that Quit

by Guru Mani H

I'm desperate just to quit my life
and end it all right now
though haven't yet quite figured out
the details as to how

I need to quit this role I'm in
that overwhelms me so
I now regret that at the start
I didn't answer "no"

I might just quit my future dream
'cos nothing's working out
I used to be so positive
but now am full of doubt

I made the choice to quit my faith
my god had disappointed
and things I once believed so clear
had just become disjointed

At times it's right that you should 'quit'
to mental health restore
this wisdom now I'll give for free:
"sometimes less is more"

I long to quit my role as mum
as I don't feel I'm able

I yearn to have my old life back
where things felt much more stable

Unhealthy lifestyle I should quit
I don't like where it's heading
and how I'll be in 5 years time
is something that I'm dreading

I want to quit this fight I'm in
but know it must be faced
to safely cross to other side
my fears must be embraced

I seem to quit things far too much
and never see them through
though why that habit's formed in me
I haven't got a clue

At times you're best to simply quit
it is the wiser choice
so if you know this in your soul
then listen to it's voice

I quit on my relationship
because the feelings went
instead of giving broken parts
the chance they could be meant

This friendship now I need to quit
it's killing me inside
but breaking free is very hard

[believe me I have tried]

I yearn to quit this habit strong
addicted I've become
it's ruining my body
and my soul's completely numb

Sometimes to quit seems easier
to bring you a release
but later when reflecting back
you start to lose your peace

If god had quit his love for me
I don't know what I'd do
for when so often I've messed up
it's faith that's got me through

If when you're stressed you want to quit
take out some time to rest
and when a calmer state returns
you can decide what's best

The answer as to "should I quit?"
no-one can say but you
the only wisdom I would give:
"take time to think it through"