

the ONE in the Mid-life crisis

by Guru Mani H

“You’re in a mid-life crisis”
is what they said to me
but all I really wanted
was simply to be free
I left abusive marriage
before it was too late
to start a brand-new chapter which
would write a different fate

Is this a mid-life crisis
or just me growing old
and finally deciding
it’s time that I was bold
and rather than be doormat
for all to wipe their shit
to grow a pair of nice big balls
and climb out of my pit

I’ve had some mid-life crisis
not one or two but three
as I have searched for answers
to help me find life’s key
though rather than get better
my life has just got worse
instead of blessings pouring in
I’ve gone from curse to curse

I want a mid-life crisis
to spice up boring life
I'll buy a red Ferrari
and shag my best friend's wife
then quit my job and travel
to places here and there
and take all kinds of crazy risks
without a thought or care

I've seen some mid-life crisis'
in others that I've known
where all that they held precious
they've just picked up and thrown
it's made me check myself
and smaller changes make
to bring some more reality
and cut out what was fake

I'm in a mid-life crisis
my mind's completely fried
emotions up and down
like roller coaster ride
but though I feel like dying
and don't know how to cope
I focus all that is within
on finding future hope

The time for mid-life crisis
has come and gone for me
I'm well into my fifties
so should just let things be

but voice that's deep within
cries out for something more
though if I act I know it will
shake me down to the core

I need a mid-life crisis
to waken up my soul
as for a time I've felt
that I am less than whole
I don't have all the answers
but this one thing I know
my life needs kicking somewhere hard
to break the status quo

"I'll not have mid-life crisis"
I said when in my teens
but twenty years later
towards it my life leans
I'm not yet fully in it
though all the signs are there
I've launched myself to self-destruct
but really just don't care

I entered mid-life crisis
when time was marching on
result of which my loved ones
have long since up and gone
I wish someone had warned me
before it was too late
just how this course of action would
forever change my fate

I think a mid-life crisis
gives opportunity
to make sure that your life
is all that it could be
but when you make your changes
this one thing keep in mind
don't drag your loved ones through the shit
'cos actions don't rewind