

the ONE from the Other side

by Guru Mani H

I not yet on the other side
but know that I'll not cope
unless there is a major change
to give me future hope

I'm not yet on the other side
my life's a broken mess
with grip on any sanity
becoming less and less

I'm not yet on the other side
this mountain is so tall
and every painful step I take
I'm terrified I'll fall

I'm not yet on the other side
and stay inside this pit
each time I try to clamber out
I fall back in the shit

I'm not yet on the other side
my soul wants to explode
I just can't face another day
whilst carrying this load

I'm not yet on the other side
the nightmares still pursue

how long until all this is past
I haven't got a clue

I'm not yet on the other side
stuck now forever here
inside this prison cell so full
of shame and guilt and fear

I'm not yet on the other side
and feeling negative
that when I make these next big steps
they'll take more than they give

I'm not yet on the other side
my blessings have just burst
and all the things that I built up
have crashed into a curse

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I write this from the other side
depression is less dark
a flicker of some light appears
which makes my days less stark

I write this from the other side
my big event has past
it's given happy memories that
I'm sure will always last

I write this from the other side
I've gasped my final breath

though truth be told it was a shock
what happens after death!

I write this from the other side
where everything is good
I'm pleased to say the things I planned
turned out just like they should

I write this from the other side
my heart now slowly healing
the cold and ice within my soul
replaced by warmer feeling

I write this from the other side
my god has helped me through
what I'd have done without my faith
I haven't got a clue

I write this from the other side
the trauma at an end
but know I must be patient for
my soul to fully mend

I write this from the other side
where storm has turned to calm
and things have now been put in place
to keep me safe from harm

I write this from the other side
but can't believe it's true
I thought there'd never be an end

to all that I went through